



Breakfast

Cedar/Hall 7:30
Oak 7:45
Cedar II 8:00

Lunch

Cedar/Hall 11:30
Oak 11:45
Cedar II 12.00

Dinner

Cedar/Hall 5:30
Oak 5:45
Cedar II 6:00

KEEP THIS MENU
FOR THE ENTIRE
WEEK



This menu is for diets with no restrictions and modifications may be required for therapeutic diets

Please place alternate meal orders or meal change requests no later than 2hrs prior to meal service

MENU IS SUBJECT TO CHANGE



2330 Debok Road
West Linn, OR 97068
503 655-0474



Rose Linn
CARE CENTER

Weekly Menu

Breakfast

Monday

Scrambled Eggs & Cheese
English Muffin

Tuesday

Sausage Patty
French Toast

Wednesday

Scrambled Eggs
Bacon
Cinnamon Raisin Toast

Thursday

Sausage Gravy
Biscuit
Seasonal Fruit

Friday

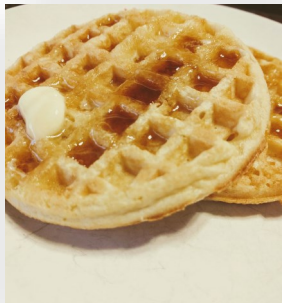
Breakfast Ham
Waffle

Saturday

Western Omelet
Biscuit with Gravy

Sunday

Scrambled Eggs
Toast
Hash Brown Patty



Lunch

Monday

Battered Fish
Baked Potato
Herbed Green Beans
Frosted Cake

Tuesday

Roast Beef w/Mashed Potatoes
and Gravy
Zucchini
Blackberry Ice Cream

Wednesday

Vegetable & Cheese Quesadilla
Refried Beans
Spanish Rice
Chilled Pears

Thursday

Sweet & Sour Pork
Stir Fry Veggie
Rice and Egg Roll
Mandarin Oranges

Friday

Grilled Fish w/Tartar Sauce
Rosemary Red Potatoes
Lemon Broccoli
Melon Slices

Saturday

Hot Turkey Sandwich
Mashed Potatoes w/Gravy
Seasoned Peas
Banana Cream Pie

Sunday

Crab Cakes w/Tartar Sauce
Tater Tots & Spinach
Frosted Cake

Dinner

Monday

Hamburger on Bun
Relish Plate
Macaroni Salad
Strawberries

Tuesday

Chef Salad w/Dressing
Garlic Toast
Pudding Parfait

Wednesday

Stuffed Shells w/Sauce
Italian Vegetables
Garlic Bread
Chilled Peaches

Thursday

BBQ Chicken Legs
Corn on the Cob
Green Beans & Mushrooms
Spiced Cake

Friday

Spaghetti w/Meatballs
Garden Salad
Bread
Chilled Pears

Saturday

Philly Beef on Bun
Sauted Onions & Peppers
Oven Brown Potatoes
Tropical Fruit

Sunday

Fried Chicken w/Baked Potato
Parslied Cauliflower & Roll
Chilled Pineapple Cubes