

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

2nd Floor Monthly Activities Calendar

NOVEMBER

						1 9am - Daily Chronicle 10:15am - One-On-Ones 11am - Resident Council 1pm - Word Find (CS) 2pm - Nail Care 3pm - Cozy Movies (CS) 4pm - Mindful Meditation	2 9am - Daily Chronicle 10am - Morning Greetings 2pm - Movie Social 4pm - One-On-Ones
3 10am - Fall Coloring 1pm - Board Games 3pm - Music Hour Care Staff Led	4 11am - Coffee & Conversation 1pm - Virtual Travel 3pm - Movie Hour Care Staff Led	5 <i>Vaccination Clinic</i> 9am - Daily Chronicle 10:15am - Autumn Art Hour 1pm - Social Hour 2pm - Mindful Meditation 3pm - Movie & Snack (CS) 4pm - Bingo! Election Day	6 9am - Daily Chronicle 11am - Live Accordion Music 1pm - Virtual Church 2pm - Nail Care 3-4:30pm - Fall Drive	7 9am - Daily Chronicle 10:15am - Sensory Scents 11am - Fall Coloring (CS) 1pm - Catholic Communion 2pm - Stretching (CS) 3pm - Bingo! 4pm - Craft Corner	8 9am - Daily Chronicle 10:15am - One-On-Ones 11am - Coffee W/ Managers 1pm - Jigsaw Puzzles (CS) 2pm - Nail Care 3pm - Cozy Movies (CS) 4pm - Mindful Meditation	9 9am - Daily Chronicle 10am - Morning Greetings 2pm - Movie Social 4pm - One-On-Ones	
10 11am - Coffee & Conversation 1pm - Virtual Travel 3pm - Movie Hour Care Staff Led	11 10am - Fall Coloring 1pm - Board Games 3pm - Music Hour Veterans Day Care Staff Led	12 9am - Daily Chronicle 10:15am - Autumn Art Hour 1pm - Social Hour 2pm - Ed Winkler - Guest Speaker	13 9am - Daily Chronicle 10:15am - Coffee & Convo 11:30am - Hallway Golf 1:30-4:45pm - Milwaukie Bowl Outing	14 9am - Daily Chronicle 10:15am - Red Hat Society 11am - Fall Coloring (CS) 1pm - Virtual Church 2pm - Stretching (CS) 3pm - Bingo! 4pm - Indoor Gardening *Chrysanthemums*	15 9am - Daily Chronicle 1pm - Crossword Puzzles(CS) 2pm - Nail Care 3pm - Cozy Movies (CS) 4pm - Mindful Meditation	16 9am - Daily Chronicle 10am - Morning Greetings 2pm - Movie Social 4pm - One-On-Ones	
17 10am - Fall Coloring 1pm - Board Games 3pm - Music Hour Care Staff Led	18 11am - Coffee & Conversation 1pm - Virtual Travel 3pm - Movie Hour Care Staff Led	19 9am - Daily Chronicle 10:15am - Autumn Art Hour 11:30am - AM Stretches 1pm - Social Hour 2pm - Mindful Meditation 4-5pm - Men's Brews and Bites	20 9am - Daily Chronicle 10:15am - Coffee & Convo 11:30am - Balloon Tennis 1pm - Virtual Church 2pm - Nail Care 3pm - No Bake Cooking *Peanut Butter Cookies*	21 9am - Daily Chronicle 11am - 2pm - Family Thanksgiving	22 9am - Daily Chronicle 10:45-11:45am - Fall Drive 1pm - Crossword Puzzles(CS) 2pm - Nail Care 3pm - Cozy Movies (CS) 4pm - Mindful Meditation	23 9am - Daily Chronicle 10am - Morning Greetings 2pm - Movie Social 4pm - One-On-Ones	
24 11am - Coffee & Conversation 1pm - Virtual Travel 3pm - Movie Hour Care Staff Led	25 10am - Fall Coloring 1pm - Board Games 3pm - Music Hour Care Staff Led	26 9am - Daily Chronicle 10:15am - Autumn Art Hour 11:30am - Sit & Stretch (CS) 1pm - Fall Crosswords (CS) 2pm - Mindful Meditation 3pm - Movie & Snack (CS) 4pm - Bingo!	27 9am - Daily Chronicle 10:15am - Coffee & Convo 11:30am - Cornhole 1pm - Virtual Church 2pm - Nail Care 3-4pm - November Birthday Party	28 9am - Daily Chronicle 11am - Moment of Gratitude 1pm - Virtual Travel 3pm - Movie Hour Thanksgiving	29 9am - Daily Chronicle 10:15am - One-On-Ones 11:30am - Trivia 1pm - Crossword Puzzles(CS) 2pm - Nail Care 3pm - Cozy Movies (CS) 4pm - Mindful Meditation	30 9am - Daily Chronicle 10am - Morning Greetings 2pm - Movie Social 4pm - One-On-Ones	

Activities are subject to change due to weather and/or resident preference. Please contact Annika Lewis at 559-978-2528 or RLVpactivities@roselinnccarecenter.com with any questions or concerns
 ALL ACTIVITIES ON SUNDAY AND MONDAY ARE CARE STAFF LED/INDEPENDENT. SUPPLIES FOR ACTIVITIES ARE LOCATED BENEATH DINING ROOM TELEVISION